



# WINDHOEK & CAPE TOWN ITINERARY

Mon, May 22, 2023		Welcome to 'the land of many faces'	day 1
		depart the US to Windhoek, Namibia airport (WDH) arrive in Windhoek	own arrangements
2:00 PM		transfer to Safari Court Hotel, check-in check-in at 14:00	own arrangements
		free time to relax and explore	
6:30 PM		meet at the hotel lobby, depart for dinner meet your professor and ISP program manager in the hotel lobby	bus transfer
7:00 PM - 9:00 PM		<b>welcome dinner</b> There's no better way to start your African experience and get to know your fellow travelers than over a delicious traditional dinner in the heart of Namibia. Raise a glass of local wine for a successful trip!	Joe's Beerhouse restaurant
9:30 PM		return to hotel	bus transfer
Tue, May 23, 2023		Exploring the windy corner and its economic environment	day 2
6:30 AM - 8:15 AM		breakfast	hotel
8:30 AM		meet in hotel lobby, depart for guided tour	bus full day
8:30 AM - 10:30 AM		<b>cultural event: guided tour of Windhoek</b> On this tour, you'll pass by the oldest evangelical Lutheran Church in the country, and visit Namibia's Parliament building and gardens, as well as the Ink Palace. Other stops include the Alte Feste Fortress and a Namibian craft market where you can pick up local souvenirs. Drive through one of the city's bustling townships where you'll gain insight into traditional Namibian culture.	
10:30 AM - 11:00 AM		return to hotel, change clothing	

11:30 AM - 1:00 PM	<b>group lunch</b>	Safari Court Hotel
1:00 PM	meet in hotel lobby, depart for U.S. Embassy	
1:30 PM - 3:30 PM	<p><b>visit: doing business in Namibia - US perspective</b>  <b>U.S. Embassy in Namibia</b>  <b>Jessica Long, Deputy Chief of Mission</b></p> <p>Meet with the Deputy Chief of Mission and former Charge d'Affaires at the U.S. Embassy in Namibia, and learn everything about the two countries' cooperation. Which non-commercial programs are happening in Namibia and are there any cultural projects in the pipeline? What are the economic advantages of doing business in Namibia and investing money in its companies? How do cultural differences influence working together?</p> <p><i>management presentation, discussion</i></p>	
	<p><b>rest of the day at leisure</b>  <i>ISP's recommendation</i> : Watch one of the most incredible sunset's from the Hilton Hotel's Sky Bar whilst sipping cocktails.</p>	

Wed, May 24, 2023	<b>Bridging business and communities</b>	day 3
6:30 AM - 9:15 AM	breakfast	hotel
9:30 AM	meet in hotel lobby, depart for visits	bus full day
10:00 AM - 12:00 PM	<p><b>visit: Intro to informal economy through JABU</b>  <b>Jabu</b>  <b>Eugene Solohub, Chief Technology Officer</b>  <b>David Akinin, CEO and Founder</b></p> <p>Visit southern Africa's fastest-growing e-commerce for small retailers and learn how they are leading the way in which shop owners order, source and stock their products, and execute the last-mile of distribution for FMCG brands. After a management presentation and discussion, you'll take a short trip to one of the company's distribution centers to learn more about their operations and see their fleet in action.</p> <p><i>management presentation, discussion, distribution center tour</i></p>	
12:30 PM - 2:00 PM	<b>group lunch: Isabel's Table restaurant</b>	Isabel's Table restaurant
2:30 PM - 4:30 PM	<p><b>presentation: how innovative technologies improve life in Namibia</b>  <b>Ebikes4Africa</b>  <b>Ndapewelao (Lucky) Mbwale, Project Manager</b></p> <p>Visit a social enterprise that puts innovation and sustainability at the heart of everything they do by harnessing solar power. Hear about their vision to connect rural parts of Namibia and the inhabitants so they can have better access to mobility on a daily basis. Explore how their business is changing Africa's off-grid areas into more connected communities, but also implementing ecotourism - a more sustainable way for tourists to explore what Namibia has to offer.</p> <p><i>management presentation, discussion, tour of facilities</i></p>	

5:00 PM	return to hotel	
6:30 PM	meet in hotel, depart for dinner	bus transfer
7:00 PM - 9:00 PM	<b>group dinner</b> Enjoy your last evening in Windhoek with your classmates, do a mid-program check-in in a relaxed atmosphere and try to foresee what is on the table for the second part of the trip!	The Stellenbosch Tasting Room
9:30 PM	return to hotel	

Thu, May 25, 2023	<b>Transfer to Cape Town</b>	day 4
6:00 AM	boxed breakfast	hotel
6:00 AM	check-out, load luggage on the bus & depart for airport	bus transfer
9:25 AM - 11:35 AM	<b>flight to Cape Town (duration 2 hrs, 10 mins)</b>	
12:30 PM - 1:00 PM	transfer from the airport to The PortsWood Hotel, drop off luggage	bus transfer
	lunch: own arrangements	
2:00 PM	check in, rest of the day at leisure check-in at 14:00	

Fri, May 26, 2023	<b>South Africa's business climate</b>	day 5
6:30 AM - 8:15 AM	breakfast	hotel
8:30 AM	meet in hotel lobby, depart for visits	bus full day
9:00 AM - 11:00 AM	<p><b>visit: Cape Town as Africa's innovation and entrepreneurial hotbed</b>  <b>UVU Africa Innovation Hub</b>  <b>Quentin Pavitt, Group Ecosystem Manager</b>  <b>Marietjie Engelbrecht, Head of Ecosystem, Marketing and Township Economy</b>  <b>Wesgro - The Official Trade and Investment Promotion Agency for the Western Cape Province</b></p> <p>During our first meeting in Cape Town, you'll learn why the city is quickly becoming Africa's hotbed for innovation, startups and foreign investment. Learn about Cape Town's unique combination of factors that make it a prime location for innovation, including a skilled workforce, supportive government policies and a thriving startup ecosystem. In addition, you'll have the opportunity to meet with local startups, where you can experience first-hand the innovation happening on the ground. You'll also have a chance to tour the innovation lab and see some of the cutting-edge technologies being developed in the city.</p> <p><i>management presentation, discussion, tour of premises</i></p>	

11:45 AM - 12:45 PM	<b>group lunch: The Brasserie restaurant</b>	The Brasserie restaurant
1:00 PM - 3:00 PM	<p><b>visit: breaking barriers - innovative solutions in healthcare addressing the HIV epidemic in South Africa</b>  <b>Shout-it-Now</b>  <b>Takudzwa Mabande, Head of IT</b>  <b>Zonja Penzhorn, Head of Marketing</b>  <b>Paul Potsane, Head of Programmes</b>  <b>William Taylor, Head of Operations and Innovations</b>  <b>Cristianne Wendler, Technical Director</b>  <b>Ntombifikile Mtshali, Chief Executive Officer</b></p> <p>HIV/AIDS is one of the most serious health concerns in South Africa. The country has the highest number of people afflicted with HIV of any country, and the fourth-highest adult HIV prevalence rate. Visit an international healthcare provider to find out what innovations and technological solutions are being used in the industry to tackle this epidemic.  <i>management presentation, discussion, tech demo</i></p>	
3:30 PM	return to hotel	
	rest of the day at leisure	

Sat, May 27, 2023	<b>Discovering the Cape Peninsula</b>	day 6
6:30 AM - 8:15 AM	breakfast	hotel
8:30 AM	meet in hotel lobby, depart for half-day excursion	bus half day
8:30 AM - 3:30 PM	<p><b>cultural event: half-day excursion around the Cape Peninsula</b>  Embark on a scenic drive along the coast to Cape Point where you'll find some of the most exclusive beaches and views in the Cape. Enjoy breathtaking views on the drive along Chapman's Peak and come face-to-face with the colony of endangered African penguins at Boulders Beach.</p>	bus/walk
12:00 PM - 1:30 PM	<b>group lunch: Seaforth Restaurant</b>	The Seaforth restaurant
3:30 PM	return to hotel	
	rest of the day to relax and explore the city	

Sun, May 28, 2023		Wine immersion	day 7
6:30 AM - 10:30 AM	breakfast		hotel
	<p><b>free morning to relax and explore</b>  <i>ISP's recommendation</i> : Take the cable car to the top of Table Mountain. Voted one of the New Seven Wonders of the World in 2011, Table Mountain is a symbol of Cape Town, beloved by locals and visitors alike. It provides spectacular views of the 'Mother City' and is flanked by the Devil's Peak and the Lion's Head. This natural wonder is also home to the richest, yet smallest floral kingdom on Earth, as well as friendly critters like rock hyraxes, colorful lizards and an abundance of birds.</p>		
	lunch: own arrangements		
1:30 PM	meet in hotel lobby, depart for winery tour		bus transfer
1:30 PM - 6:00 PM	<p><b>cultural event: swirl, sip, savor - winery tour &amp; wine tasting</b>  Put on your walking shoes, grab your sunscreen and get ready for an afternoon out of the city. Head to a prize-winning winery and learn about the history of viticulture in the western Cape and the local varieties. Tour the cellars and, of course, try the estate's signature types: Pinotage, Merlot or Shiraz.</p>		Stellenbosch, Spier and Tokara wine Estates
6:00 PM - 8:00 PM	<p><b>wine &amp; dine - dinner at Stellenbosch</b>  Spend an evening in the idyllic setting: a restaurant overlooking a picturesque vineyard, complete with a delightful dinner, showcasing the richness of the region and some of the finest wines of the domain. Watch the sun set behind the peaks of the surrounding mountains.</p>		Oude Werf restaurant
9:00 PM	return to hotel		bus transfer
Mon, May 29, 2023		Small-scale companies in Cape Town	day 8
6:30 AM - 8:15 AM	breakfast		hotel
8:45 AM	meet in hotel lobby, depart for visits		bus full day
9:30 AM - 11:30 AM	<p><b>workshop: changing lives one biscuit at a time- a successful story from a township</b>  <b>Khayelitsha Cookies</b>  <b>Ms. Adri Williams, Managing Director</b>  South Africa registered the highest unemployment rate in Africa in 2023, with around 30 percent of the country's labor force being unemployed. Visit a social enterprise that has been creating meaningful jobs for previously unemployed women from communities in Cape Town. Learn how through empowering and up-skilling these women, they enabled them to support at least 5 dependents with their income on a daily basis. Hear about their expansion plans into the US market and more.  <i>management presentation, discussion, cookie baking and tasting</i></p>		
12:00 PM - 1:30 PM	<b>group lunch: Tiger's Milk restaurant</b>		Tiger's Milk restaurant

2:00 PM - 4:30 PM	<p><b>experiential learning: transform low-income communities from food-insecure consumers to producers</b>  <b>Fresh Life Produce</b>  <b>Louis-Gillis Janse van Rensburg, CEO and Founder</b></p> <p>From standard product design to customized production - how can a manufacturer use modern technologies, automation and digitalization to change the focus to produce more diverse products without slowing down the production cycle? And what is the future of manufacturing in the SA overall?  <i>management presentation, discussion, rooftop farm tour with planting and harvesting, meeting with local farmers</i></p>	
5:00 PM	return to hotel	
	rest of the day at leisure	

Tue, May 30, 2023	<b>Farewell to Africa and depart for the US</b>	day 9
6:30 AM - 10:00 AM	breakfast	hotel
10:00 AM	Check out	
	meet in hotel lobby, depart for Hout Bay	
9:45 AM - 10:30 AM	<p><b>cultural event: seal tour from Hout Bay</b>  Join us for an exciting adventure to Hout Bay where we will take a small boat to Duiker Island to see the fascinating seal colony. Get up close and personal with these playful creatures and witness their daily activities in their natural habitat. You'll be amazed at their agility in the water and their adorable antics on land. This is an experience you won't want to miss!</p>	boat
	return to Cape Town for lunch	
12:30 PM - 2:00 PM	<p><b>farewell lunch: Grand Africa Café &amp; Beach</b>  Enjoy a breathtaking view of the ocean during the last lunch with your group in a historic waterfront warehouse. Exchange the best moments of the trip, your stories and pictures and say goodbye to South Africa!</p>	Grand Café Restaurant
afternoon	transfer to airport	own arrangements
	depart for the US	own arrangements

**For more information please reach out to:**



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